# Your **Union Membership** allows you to Save on the following Group Benefits



#### **Dental**

- · Dental Plans as low as \$8 bi-weekly
- · Low Co-pays. \$10 visits
- · No Waiting Periods! (Ortho Exception)
- No charge for oral exams, bitewing x-rays, or preventative cleanings (DHMO - 2 per year)
- · Multiple plan options (Plans vary by region)



#### Vision

With plans starting as low as \$5 bi-weekly, you have access to one of the largest vision networks in the United States, with more than 35,000 participating optometrists, ophthalmologists, and national retail locations with the same benefits at all participating providers, regardless of location.



#### **Hospital Indemnity**

Pre-existing conditions are covered. Pays for Hospital Confinement (\$150 per day, up to 31 days"), Admission (\$1.000), Intensive Care (\$150 per day, up to 10 days"). Intermediate Intensive Care Step-Down Unit (\$75 per day, up to 10 days"). Newborn coverage for 60 days from birth. "per covered sickness/accident



#### Accident

Accident Insurance helps with what your health insurance plan might not cover. Helps pay for out of pocket costs that arise from covered accidents such as fractures, dislocations and lacerations. Coverage is 24/7, on or off the job, and is available for the member, spouse and dependents.



#### Disability

Provides a tax-free monthly benefit of up to 60% of monthly income, up to \$6,000, due to any covered illness or off the job accident for both expected and unexpected losses of income. (Expected loss of income such as maternity, or the unexpected such as a car accident or serious illness.)



#### Critical Illness Insurance

Coverage pays a lump sum of \$5,000 to \$30,000 upon diagnosis of a covered critical illness such as Invasive Cancer, Heart Attack, Stroke, Major Organ Transplant, Kidney Failure, Bone Marrow Transplant, Sudden Cardiac Arrest, Coma, Severe Burn, Illnesses Paralysis, Loss of Sight/Speech/Hearing, and others...



#### Union Member Life Insurance vs. FEGLI

Did you know that changing your FEGLI could save you a full year's salary? Can you afford a FEGLI cost increase of more than 280% from age 65 to 80 after you retire? We have a better option! Family coverage is also available with higher coverage amounts for family members. Guaranteed Issue options available.

#### **✓ PERMANENT COVERAGE**

When properly funded, your death benefit will stay level until age 100. Unlike the Government's Term plan, your Union Member Life policy is designed for you to keep forever!

#### ✓ CASH ACCUMULATION

Your policy builds a tax-deferred cash value. Your cash value eams interest and can be used to supplement your retirement, educational funding, or any other purpose you choose. You can take loans from your policy if you need the cash in the event of an emergency, make withdrawals from your policy, or even use your cash value to pay your premiums if you choose to do so. The Government's FEGLI plan has no cash value at all!

#### ✓ AFFORDABLE PREMIUMS

The premiums are designed to stay level—the price will not increase as you age! With FEGLI, once you turn 35, the cost increases every five years!

#### ✓ WHAT HAPPENS IF YOU CHANGE JOBS?

The policy can be taken with you as long as you continue to pay the premiums. With FEGLI, if you ever leave Federal service, you lose all of your life insurance coverage. Since there is no cash value in FEGLI like there is in the Union Member Life plan, you cannot get back any of the money you have already spent on FEGLI!

#### SCAN THIS QR CODE TO REQUEST MORE INFORMATION:

**Local Representative: Jeff & Risa Roberts** 

Cell: (870) 261-3625 or (573) 286-1125

Email: JRoberts@benefitarchitects.com or RRoberts@benefitarchitects.com





# **\**S. MEMBER LIFE C Z O Z

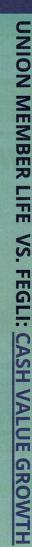
FEGLI

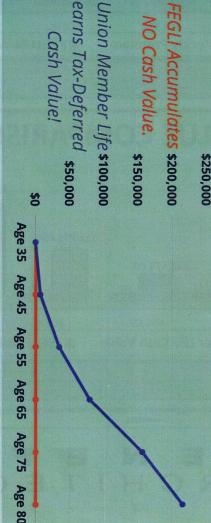
Avoid the many the Union Member Insurance. Enroll in pitfalls of the Life Insurance today! Group Life Federal Employee



## premium increases \$1,000 bi-weekly premium Union Member Life every 5 years and **NEVER INCREASE!** FEGLI's bi-weekly \$1,250 with every pay is designed to *increase* \$250 \$500 Age 35 Age 45 Age 55 Age 65 Age 75 Age 80

UNION MEMBER LIFE VS. FEGLI: BI-WEEKLY PREMIUM





# UNION MEMBER LIFE VS. FEGLI: LIVING BENEFITS

# CRITICAL ILLNESS

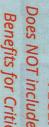
Cancer, heart attack, stroke etc... Benefit while alive in the case of Gives you access to the Death **UNION MEMBER LIFE** 

# CHRONIC ILLNESS

Gives you access to the Death Benefit while alive for Long-**UNION MEMBER LIFE** lerm care needs

Does NOT include any Living Benefits for Chronic Illness.

Does NOT include any Living Benefits for Critical Illness.



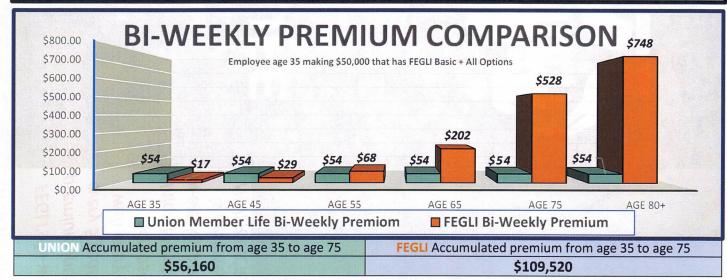
The FEGLI calculations are based on an employee earning \$70,000 annually with FEGLI Basic, Option A, B (x5), and C (x5). The Union calculations are based on a 35-year-old female with a \$400,000 Pathsetter policy, and the cash value

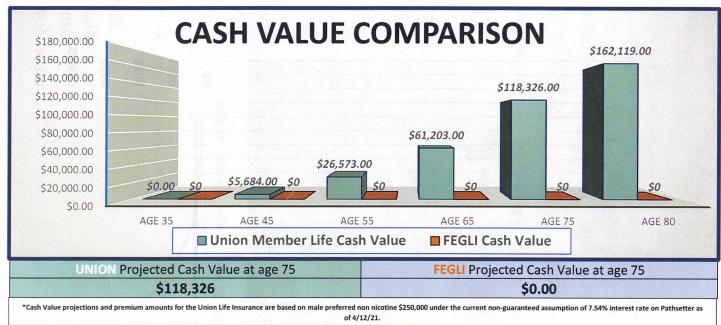




#### UNION MEMBER LIFE INSURANCE vs. FEGLI

- FEGLI automatically increases in cost every 5 years and with every pay raise.
- FEGLI earns NO Cash Value.
- FEGLI does NOT include Living Benefits for Critical or Chronic Illness.
- UNION MEMBER LIFE is designed to NEVER INCREASE IN COST.
- UNION MEMBER LIFE is FULLY PORTABLE.
- UNION MEMBER LIFE earns TAX-DEFERRED CASH VALUE.
- UNION MEMBER LIFE INCLUDES Living Benefits for CRITICAL &CHRONIC Illness.







#### SICKNESS (INCLUDING COVID)

Even before COVID, 90% of all disabilities are caused by illness.

#### SURGERY

1 in 3 working Americans will become disabled for 90 days or more before age 65.



- Pays benefits for sickness (including COVID), surgery, off-job accident, and maternity.
- Tax-Free Benefit amounts up to 60% of gross monthly income (max of \$6,000 per month).
- Guaranteed Issue; you do not need to qualify medically to get the coverage.
- Pays in addition to any leave, or can be used independent of any leave you use.
- Select benefit periods of either 6, 12, or 24 months.



#### **OFF-JOB ACCIDENTS**

Most injuries are NOT work related, and therefore NOT covered by Workers Comp.

#### MATERNITY

Pays Maternity Benefits in addition to the Federal Parental Leave.





#### **Protect your paycheck with Union Member Disability Insurance!**

SAMPLE PLANS & MONTHLY BENEFITS (PAGE 2 of 2)

\*You are eligible for up to 60% of your gross salary (50% at guaranteed issue)\* Choose from a Monthly Benefit from \$400-\$5,000 (in \$100/month increments)

#### Monthly Benefit & Biweekly Premiums (Age at Issue):

		4:

0-day Off-Job Accident,

**30-Day** Sickness/Illness Waiting Period &

12-month Benefit Period

Monthly Benefit	(Issue Ages 18-49)	(Issue Ages 50-69)
\$1,000	\$16/pp	\$21/pp
\$1,500	\$23/pp	\$30/pp
\$2,000	\$30/pp	\$40/pp
\$2,500	\$37/pp	\$49/pp
\$3,000	\$44/pp	\$57/pp
\$3,500	\$51/pp	\$68/pp
\$4,000	\$58/pp	\$78/pp
\$4,500	\$65/pp	\$89/pp
\$5,000	\$72/pp	\$97/pp

#### **OPTION 5:**

0-day Off-Job Accident,

**14-Day** Sickness/Illness Waiting Period &

24-month Benefit Period

(Issue Ages 18-49)	(Issue Ages 50-69)
\$16/pp	\$47/pp
\$24/pp	\$69/pp
\$32/pp	\$92/pp
\$40/pp	\$114/pp
\$48/pp	\$137/pp
\$56/pp	\$160/pp
\$64/pp	\$182/pp
\$72/pp	\$205/pp
\$80/pp	\$227/pp
	\$16/pp \$24/pp \$32/pp \$40/pp \$48/pp \$56/pp \$64/pp \$72/pp

#### **OPTION 6:**

0-day Off-Job Accident,

**30-Day** Sickness/Illness Waiting Period &

24-month Benefit Period

(Issue Ag	fit (I	Benefit (Issue Ages 18-49)	(Issue Ages 50-69)
\$2		0 \$21/pp	\$31/pp
\$3		0 \$31/pp	\$46/pp
\$4		0 \$40/pp	\$60/pp
\$5		0 \$50/pp	\$75/pp
\$6		0 \$60/pp	\$90/pp
\$7		0 \$70/pp	\$105/pp
\$7		0 \$79/pp	\$119/pp
\$89		0 \$89/pp	\$134/pp
\$99		0 \$99/pp	\$149/pp

\*Open Season ends on the 12th of the month\*

Contact Local Benefits Specialist,

PHONE

**EMAIL** 

to take advantage of this benefit!



#### **Protect your paycheck with Union Member Disability Insurance!**

SAMPLE PLANS & MONTHLY BENEFITS (PAGE 1 of 2)

\*You are eligible for up to 60% of your gross salary (50% at guaranteed issue)\* Choose from a Monthly Benefit from \$400-\$5,000 (in \$100/month increments)

#### Monthly Benefit & Biweekly Premiums (Age at Issue):

0	D	TI	0	N	1:
~			V	IV.	

0-day Off-Job Accident,

**7-Day** Sickness/Illness Waiting Period &

6-month Benefit Period

<b>Monthly Benefit</b>	(Issue Ages 18-49)	(Issue Ages 50-69)
\$1,000	\$22/pp	\$29/pp
\$1,500	\$33/pp	\$42/pp
\$2,000	\$43/pp	\$56/pp
\$2,500	\$54/pp	\$69/pp
\$3,000	\$64/pp	\$83/pp
\$3,500	\$75/pp	\$96/pp
\$4,000	\$85/pp	\$110/pp
\$4,500	\$96/pp	\$124/pp
\$5,000	\$106/pp	\$137/pp

#### **OPTION 2:**

0-day Off-Job Accident,

**14-Day** Sickness/Illness Waiting Period &

6-month Benefit Period

<b>Monthly Benefit</b>	(Issue Ages 18-49)	(Issue Ages 50-69)
\$1,000	\$17/pp	\$22/pp
\$1,500	\$25/pp	\$32/pp
\$2,000	\$33/pp	\$42/pp
\$2,500	\$41/pp	\$53/pp
\$3,000	\$49/pp	\$64/pp
\$3,500	\$57/pp	\$74/pp
\$4,000	\$65/pp	\$84/pp
\$4,500	\$73/pp	\$94/pp
\$5,000	\$81/pp	\$105/pp

#### **OPTION 3:**

0-day Off-Job Accident,

**14-Day** Sickness/Illness Waiting Period &

12-month Benefit Period

Monthly Benefit	(Issue Ages 18-49)	(Issue Ages 50-69)
\$1,000	\$21/pp	\$27/pp
\$1,500	\$31/pp	\$40/pp
\$2,000	\$40/pp	\$53/pp
\$2,500	\$50/pp	\$66/pp
\$3,000	\$60/pp	\$79/pp
\$3,500	\$70/pp	\$92/pp
\$4,000	\$79/pp	\$105/pp
\$4,500	\$89/pp	\$118/pp
\$5,000	\$99/pp	\$131/pp

\*Open Season ends on the 12th of the month\*

Contact Local Benefits Specialist,

PHONE

EMAIL

to take advantage of this benefit!

#### **Aflac Group Disability Insurance**

Aflac's Group Short-Term Disability insurance can help protect your members' income by offering disability benefits to help them make ends meet when they are out of work.

#### Benefits Include:

- Guaranteed-Issue: During this enrollment, AFGE members can get coverage up to the guaranteed-issued amount without having to answer any health questions.
- Maternity Benefit: Plan pays 6 weeks for non-cesarean delivery and 8 weeks for cesarean.
- AFGE members are eligible for up to 60 percent of income replacement.
- Flexible Benefits from \$300 to \$6000 per month.
- Waiver of Premium: payments are waived after 90 days of total disability.
- · Partial Disability Benefit.
- This plan pays in addition to sick and annual leave.
- Premiums paid through convienent payroll deduction.
- Multiple plan options: Never a waiting period for off-the-job accidents.
- Members choose 7-30 day waiting periods for illness or surgery and 6-24 month benefit periods.

Without disability insurance, 50% of Americans said they would use their savings to help them meet their expenses if they were unable to work due to illness or injury.<sup>1</sup>

According to the Social Security Administration, 1 in 4 of today's 20 year olds will become disabled at some point in their career.<sup>2</sup>

The New American Milestones (2020), Life Happens, (May 7, 2020.) Retrieved from https://www.limra.com/en/newsroom/industry-trends/2020/disability-insurance-awareness-month-an-opportunity-to-learn-about-important-insurance-coverage/

\*Disability Awareness Month: An Opportunity to Learn About Important Insurance Coverage, (May 7, 2020), Retrieved from https://www.imra.com/en/newsroom/industry-trends/2020/disability-insurance-awareness-month-an-opportunity-to-icarn-about-important-insurance-coverage/

#### Aflac Group Critical Illness Insurance

Aflac's Group Critical Illness Insurance helps pay the expected and unexpected expenses that arise from diagnosis of a covered critical illness.

#### Guaranteed Issue:

Member: \$30,000Spouse: \$15,000

#### Benefits Include:

- Lump-sum benefits for 7 health events: Cancer, Heart Attack, Stroke, Major Organ Transplant, Kidney Failure, Bone Marrow Transplant, Sudden Cardiac Arrest, Coma, Severe Burn, Paralysis, Loss of Sight/Speech/ Hearing
- Non-invasive Cancer (pays at 25%)
- Coronary Artery Bypass Surgery (pays at 25%)
- Skin Cancer Benefit
- Health Screening Benefit \$50 per covered test once per calendar year (payable for insured member and spouse; not payable for dependent children)

- · Additional Diagnosis and Re-occurrence Diagnosis
- Waiver of Premium Benefit
- Heart Event Rider
- Specified Diseases Rider: Addison's Disease /
  Cerebrospinal Meningitis / Diphtheria Huntington's
  Chorea / Legionnaire's Disease / Malaria / Muscular
  Dystrophy / Myasthenia Gravis / Necrotizing Fasciitis
  / Osteomyelitis / Poliomyelitis (Polio) / Rabies / Sickle
  Cell Anemia / Systemic Lupus / Systemic Sclerosis
  (Scleroderma) / Tetanus / Tuberculosis
- Childhood Conditions Rider: Cystic Fibrosis / Cerebral Palsy / Cleft Lip or Cleft Palate Down Syndrome / Phenylalanine Hydroxylase Deficiency Disease (PKU) / Spina Bifida / Type 1 Diabetes / Autism Spectrum Disorder (ASD)

#### **Aflac Group Accident Insurance**

Aflac's Group Accident Insurance helps pay for out of pocket costs that arise from covered accidents such as fractures, dislocations and lacerations.

#### Flexible Plan Choices:

- · 24-hour coverage
- Member, spouse, and dependent children coverage options

#### Guaranteed-issue:

Coverage is guaranteed-issue, which means you may qualify for coverage without answering health questions.

#### More Than 50 Benefits Including:

- Hospital Admission / \$1000
- Hospital Confinement / \$200 per day up to 365 days
- Ambulance \$200 / Air Ambulance \$1,000
- Emergency Room Treatment / \$200
- Hospital Intensive Care / \$400 per day for up to 30 days

#### \$50 Wellness Benefit (per 12-month period)

After 12 months of paid premium and while coverage is in force, we will pay this benefit for preventive testing once each 12-month period. Benefits include and are payable (for each covered person) for annual physical exams, mammograms, Pap smears, eye examinations, immunizations, flexible sigmoidoscopies, PSA tests, ultrasounds, and blood screenings.

#### **Accidental Death Benefit**

Member: \$50,000 Spouse: \$25,000 Children: \$5.000

#### **Fractures**

Hip/Thigh \$4,000

Vertebrae (except processes) \$3,600

Pelvis \$3,200

Skull (depressed) \$3,000

Skull (simple) \$1,400

Leg \$2,400

Forearm/Hand/Wrist \$2,000

Shoulder Blade/Collar Bone \$1,600

Lower Jaw (mandible) \$1,600

Upper Arm/Upper Jaw \$1,400

Facial Bones (except teeth) \$1,200

Vertebral Processes \$800

Coccyx/Rib/Finger/Toe \$320

#### **Dislocations**

Hip \$3,000

Knee (not kneecap) \$1,950

Shoulder \$1,500

Foot/Ankle \$1,200

Hand \$1,050

Lower Jaw \$900

Wrist \$750

Elbow \$600

Finger/Toe \$240

Also: Benefits for Burns and Lacerations

#### **Aflac Group Hospital Indemnity Insurance**

Aflac's Group Hospital Indemnity Insurance plans are designed to provide an insured with cash benefits to help with the following:

- Hospital Confinement Benefit (\$150 per day, up to 31 days per covered sickness/accident)
- Hospital Admission Benefit (\$1,000 per covered sickness/accident per calendar year)
- Hospital Intensive Care Benefit (\$150 per day, up to 10 days per covered sickness/accident)
- Intermediate Intensive Care Step-Down Unit (\$75 per day, up to 10 days per covered sickness/accident)
- · Everyday living expenses, like your rent or mortgage, utility bills, groceries, and more
- It even provides coverage for newborn children for 60 days from the date of birth

For details and instructions on how to enroll in Group Disability, Critical Illness, Accident or Hospital Indemnity plans, go to www.afgeaflac.com.

#### **AFGE Member Sample Bi-Weekly Rates**



#### **Available to all AFGE Members**

Representative: Risa & Jeff Roberts	Cell:
	Email:

Note: Rates & Statements are for 2019 Enrollment Only. Rates Subject to Change Prior to Enrollment

Accident - 24-Hr On & Off-the-Job Coverage

Individual Member Member & Spouse Member and Kids Family

9.43 Bi-Weekly 14.13 Bi-Weekly 16.37 Bi-Weekly 21.07 Bi-Weekly

Plan includes \$50 Annual Wellness after 12-Months Active, per Covered Person • Pays a Max \$125 for initial X-Ray or Doctor Services for accidents, if treated within 72-Hours. Pays\$1,000 for 1st-24 Hour Day in Hospital, then \$200 a day, up to 365 days (\$400 per day, Intensive Care for up to 30-Days) • Major Fracture Injuries (Chip Fractures pays 25%): Hip/Thigh\$4,000, Vertebrae (except Processes) \$3,800, Leg \$2,400, Forearm/Hand/Wrist \$2,000, Foot/Ankle/Kneecap \$2,000, Shoulder Blade/Collar Bone \$1,600, Lower Jaw (\$1,400, Upper Arm/Upper Jaw \$1,400, Facial Bones (except teeth) \$1,200, Vertebral Processes \$800, Coccyx/Rib/Finger/Toe \$320. Must provide proof of Treatment/ Services, a Doctor/Hospital Bill/Receipt. • Pays Accidental Death for Employee \$50,000, Spouse \$25,000, Dependents at \$5,000

#### **Hospital Indemnity**

Individual Member

Member & Spouse

Member and Kids

Family

15.24 Bi-Weekly

29.94 Bi-Weekly

25,24 Bi-Weekly

39.95 Bi-Weekly

When due to a covered accidental injury or sickness: Plan includes Hospital Admission Benefit of \$1,000 per confinement, once per covered sickness or accident per calendar year. Excludes ER. See plan for details. • Outpatient Doctor's Office Visit – max of 6 visits per calendar year - \$25 each visit. Chiropractor Visit – max of 4 visits per calendar year - \$20 each visit. Major Diagnostic Exam – CT/CAT scan, MRI, EEG - \$150 payment. Hospital ER Visit – max of 5 visits per calendar year - \$100 per day. Inpatient Surgery and Anesthesia - \$500. Outpatient Surgery and Anesthesia - \$250.

Group Critical Illness		1 111	NON-SMO	KER RATES		H71 6.1	SMOKE	R RATES	
Guaranteed Issue:	Age Band	Member Benefit	Member Premium	Max Spouse Benefit	Spouse Premium	Member Benefit	Member Premium	Max Spouse Benefit	Spouse Premiun
	(18-29)	\$5,000	\$2.00	\$5,000	\$1.87	\$5,000	\$2.56	\$5,000	\$2.43
Heart • Stroke • Cancer		\$10,000	\$3.30	\$5,000	\$1.87	\$10,000	\$4.42	\$5,000	\$2.43
		\$15,000	\$4.60	\$7,500	\$2.45	\$15,000	\$6.29	\$7,500	\$3.29
\$50 Wellness Annually per Adult		\$20,000	\$5.90	\$10,000	\$3.04	\$20,000	\$8.15	\$10,000	\$4.16
		\$25,000	\$7.20	\$12,500	\$3.62	\$25,000	\$10.01	\$12,500	\$5.02
		\$30,000	\$8.50	\$15,000	\$4.20	\$30,000	\$11.87	\$15,000	\$5.89
Pays 100% of Benefit for Diagnosis of:		ψου,σου	ψ0.00	ψ10,000	ψΨ.20	Ψ30,000	\$11.07	\$13,000	φ5.09
Heart Attack	(30-39)	\$5,000	\$2.66	\$5,000	\$2.53	\$5,000	\$3.94	\$5,000	\$3.80
Stroke	(00 00)	\$10,000	\$4.62	\$5,000	\$2.53	\$10,000	\$7.17	\$5,000	\$3.80
<ul> <li>Cancer Internal or Invasive</li> </ul>		\$15,000	\$6.57	\$7,500	\$3.44	\$15,000	\$10.41	\$5,000	\$5.36
<ul> <li>Major Organ Transplant</li> </ul>		\$20,000	\$8.53	\$10,000	\$4.35	\$20,000	\$13.65	\$10,000	\$6.91
<ul> <li>Kidney Failure</li> </ul>		\$25,000	\$10.49	\$12,500	\$5.26	\$25,000	\$16.89	\$12,500	\$8.46
<ul> <li>Bone Marrow Transplant</li> </ul>		\$30,000	\$12.45	\$15,000	\$6.18	\$30,000	\$20.12	\$15,000	\$10.0
<ul> <li>Sudden Cardiac Arrest</li> </ul>	Contract to the contract to		No.					4.0,000	4.0.0
Severe Burns	(40-49)	\$5,000	\$4.71	\$5,000	\$4.58	\$5,000	\$7.47	\$5,000	\$7.33
<ul> <li>Paralysis</li> </ul>		\$10,000	\$8.72	\$5,000	\$4.58	\$10,000	\$14.23	\$5,000	\$7.33
• Coma		\$15,000	\$12.74	\$7,500	\$6.52	\$15,000	\$21.00	\$7,500	\$10.65
<ul> <li>Loss of Speech</li> </ul>		\$20,000	\$16.75	\$10,000	\$8.46	\$20,000	\$27.76	\$10,000	\$13.97
• Sight		\$25,000	\$20.76	\$12,500	\$10.40	\$25,000	\$34.53	\$12,500	\$17.28
Hearing		\$30,000	\$24.77	\$15,000	\$12.34	\$30,000	\$41.29	\$15,000	\$20.60
	(50-59)	\$5,000	\$7.96	\$5,000	\$7.82	\$5,000	\$13.18	\$5,000	\$13.05
	(55.53)	\$10,000	\$15.21	\$5,000	\$7.82	\$10,000	\$25.67	\$5,000	\$13.05
		\$15,000	\$22.47	\$7,500	\$11.39	\$15,000	\$38.15	\$7,500	\$19.23
Pays 25% of Benefit Amount for:		\$20,000	\$29.73	\$10,000	\$14.95	\$20,000	\$50.64	\$10,000	\$25.40
Non-Invasive Cancer		\$25,000	\$36.98	\$12,500	\$18.51	\$25,000	\$63.12	\$12,500	\$31.58
<ul> <li>Coronary Artery Bi-Pass Surgery</li> </ul>		\$30,000	\$44.24	\$15,000	\$22.07	\$30,000	\$75.61	\$15,000	\$37.75
<ul> <li>Pays\$250 for Skin Cancer</li> </ul>							3.3		
(1X per year)	(60+)	\$5,000	\$14.00	\$5,000	\$13.87	\$5,000	\$23.49	\$5,000	\$23.36
		\$10,000	\$27.37	\$5,000	\$13.87	\$10,000	\$46.28	\$5,000	\$23.36
		\$15,000	\$40.61	\$7,500	\$20.46	\$15,000	\$69.07	\$7,500	\$34.69
	0.85	\$20,000	\$53.91	\$10,000	\$27.04	\$20,000	\$91.86	\$10,000	\$46.02
		\$25,000	\$67.22	\$12,500	\$33.63	\$25,000	\$114.65	\$12,500	\$57.35
		\$30,000	\$80.52	\$15,000	\$40.21	\$30,000	\$137.45	\$15,000	\$68.67



#### **CIGNA DENTAL for Union Members**

**DHMO Plan Options** 







#### **BI-WEEKLY PREMIUMS**

Employee \$18.00 Employee + 1 \$31.00 Family \$49.00

Scan (or click) for HIGH OPTION Schedule of Benefits



## CIGNA DENTAL CARE (DHMO) PLAN STANDARD OPTION

up to age 19 / \$3,498 for age 19 + y tooth) ont teeth) / \$47-115 (Back teeth)
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ont teeth) / \$47-115 (Back teeth)
g ar \$210
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#### **BI-WEEKLY PREMIUMS**

Employee \$8.00 Employee + 1 \$13.00 Family \$18.00

Scan (or click) for STANDARD OPTION Schedule of Benefits



Once you are enrolled and your plan is activated, you can register your account online at MyCigna.com.

## **CIGNA DENTAL for Union Members**

#### **DHMO Plan Options**



Union members have a great new dental plan that may help you save money on your dental and orthodontia costs. Members can enroll at any time, as we have contiuous Open Season.



- ✓ AFFORDABLE BI-WEEKLY PREMIUMS

  No waiting periods
- You don't have to reach an out-of-pocket amount before your benefits start
- NO ANNUAL DOLLAR MAXIMUMS

  There is no annual dollar limit on covered services
- CONVENIENCE
  Your primary dentist performs most services and helps coordinate care
- LARGEST NETWORK OF ITS KIND IN THE US Choose from over 30,000 highly rated dentists
- SAVINGS, CONVENIENCE AND COVERAGE FOR SERVICES NOT INCLUDED ON OTHER PLAN OPTIONS

You may be surprised by what the Cigna Dental Care DHMO has to offer, including coverage for orthodontia for all ages, TMJ-related care, athletic mouth guards, teeth whitening and more!

OFFERS TWO DHMO PLAN OPTIONS TO FIT YOUR NEEDS AND BUDGET

See reverse for a summary of services, costs and premiums for each plan to decide which is the best fit.

#### SEARCH FOR A Network Dentist

Visit www.hcpdirectory.cigna.com and click "Find a Doctor, Dentist or Facility":

- When asked how you are covered, choose "Employer or School"
- 2. Enter the location that you'd like to search
- You can search by type of dentist or name of dentist
- When prompted to "Login/Register" "Continue as Guest"
- When asked to choose a plan, select "Cigna Dental Care Access Plus"

Scan (or click) to Search for Network Dentists



#### **QUESTIONS?**

Contact your Local Benefits Representative



Risa Roberts (573) 286-1125 rroberts@benefitarchitects.com

#### Summary of Benefits Cigna Health and Life Insurance Company

# Cigna Vision serviced by EyeMed AFGE C1 - Standard PPO Comprehensive Plan



#### Welcome to Cigna Vision Schedule of Vision Coverage

Coverage	In-Network Benefit***	Out-of-Network Benefit	Frequency Period **	
Exam Copay	\$10	N/A	12 months	
Exam Allowance (once per frequency period)	Covered 100% after Copay	Up to \$45	12 months	
Materials Copay	\$20	N/A	12 months	
Eyeglass Lenses Allowances: (one pair per frequency period) Single Vision Lined Bifocal Lined Trifocal Progressives Lenticular	Covered 100% after Copay Covered 100% after Copay Covered 100% after Copay Covered 100% after Copay Covered 100% after Copay	Up to \$40 Up to \$65 Up to \$75 Up to \$75 Up to \$100	12 months 12 months 12 months 12 months 12 months	
Contact Lenses Allowances: (one pair or single purchase per frequency period) Elective Therapeutic	\$130 Covered 100%	Up to \$105 Up to \$210	12 months 12 months	
Frame Retail Allowance (one per frequency period)	Up to \$130	Up to \$71	24 months	

<sup>\*\*</sup> Your Frequency Period begins on January 1 (Calendar year basis)

#### Definitions:

Copay: the amount you pay towards your exam and/or materials, lenses and/or frames. (Note: copays do not apply to contact lenses).

**Coinsurance**: the percentage of charges Cigna will pay. Customer is financially responsible for the balance. **Allowance:** the maximum amount Cigna will pay. Customer is financially responsible for any amount over the allowance. **Materials:** eyeglass lenses, frames, and/or contact lenses.

- To receive in-network benefits, you cannot use this coverage with any other discounts, promotions, or prior orders.
- If you use other discounts and/or promotions instead of this vision coverage, or go to an out-of-network eye care professional, you may file an out-of-network claim to be reimbursed for allowable expenses.

#### In-Network Coverage Includes\*\*\*:

- One vision and eye health evaluation including but not limited to eye health examination, dilation, refraction, and prescription for glasses;
- One pair of standard prescription plastic or glass lenses, all ranges of prescriptions (powers and prisms)
  - Polycarbonate lenses for children under 19 years of age
  - Oversize lenses
  - o Rose #1 and #2 solid tints
  - Minimum 20% savings\* on all additional lens enhancements you choose for your lenses, including but not limited to: scratch/ultraviolet/anti-reflective coatings; polycarbonate (adults); all tints/photochromic (glass or plastic); and lens styles.

1/1/2023 District of Columbia

#### C1 - Standard PPO Comprehensive Plan



- One frame for prescription lenses frame of choice covered up to retail plan allowance, plus a 20% savings on amount that exceeds frame allowance;
- One pair of contact lenses or a single purchase of a supply of contact lenses in lieu of lenses and frame benefit, (may not receive contact lenses and frames in same benefit year). Allowance applied towards cost of supplemental contact lens professional services (including the fitting and evaluation) and contact lens materials
- \* Provider participation is 100% voluntary; please check with your Eye Care Professional for any offered discounts.

  \*\*\* Coverage may vary at participating discount retail and membership club optical locations, please contact Customer Service for specific coverage information.

Coverage for *Therapeutic* contact lenses will be provided when visual acuity cannot be corrected to 20/70 in the better eye with eyeglasses and the fitting of the contact lenses would obtain this level of visual acuity; and in certain cases of anisometropia, keratoconus, or aphakis; as determined and documented by your Vision eye care professional. Contact lenses fitted for other therapeutic purposes or the narrowing of visual fields due to high minus or plus correction will be covered in accordance with the Elective contact lens coverage shown on the Schedule of Benefits.

#### What's Not Covered:

- Orthoptic or vision training and any associated supplemental testing
- Medical or surgical treatment of the eyes
- Any eye examination, or any corrective eyewear, required by an employer as a condition of employment
- Any injury or illness when paid or payable by Workers' Compensation or similar law, or which is work-related
- Charges in excess of the usual and customary charge for the Service or Materials
- Charges incurred after the policy ends or the insured's coverage under the policy ends, except as stated in the policy
- Experimental or non-conventional treatment or device
- Magnification or low vision aids not shown as covered in the Schedule of Vision Coverage
- Any non-prescription (minimum Rx required) eyeglasses, includes frame, lenses, or contact lenses
- Spectacle lens treatments, "add-ons", or lens coatings not shown as covered in the Schedule of Vision Coverage
- Prescription sunglasses
- Two pair of glasses, in lieu of bifocals or trifocals
- Safety glasses or lenses required for employment not shown as covered in the Schedule of Vision Coverage
- VDT (video display terminal)/computer eyeglass benefit
- · Claims submitted and received in excess of twelve (12) months from the original Date of Service

#### How to use your Cigna Vision Benefits

(Please be aware that the Cigna Vision network is different from the networks supporting our health/medical plans).

#### 1. Finding a doctor

There are three ways to find a quality eye doctor in your area:

- 1. Log into myCigna.com, under"Coverage", select Vision page. Click on Visit Cigna Vision. Then select "Find a Cigna Vision Network Eye Care Professional" to search the Cigna Vision serviced by Eye Med Directory.
- 2. Don't have access to myCigna.com? Go to Cigna.com, top of the page select "Find A Doctor, Dentist or Facility", click on Cigna Vision serviced by EyeMed Directory, under Additional Resources.

### Humana Dental Traditional Plus 14

AFGE

	If you use an IN-NETWORK dentist	If you use an OUT-OF-NETWORK dentist	
Calendar-year deductible (excludes orthodontia services)	Individual Family \$50 \$150	Individual Family \$50 \$150	
	Deductible applies to all s	services excluding preventive	
Calendar-year annual maximum	\$5,000	, ,	
(excludes orthodontia services)	After you reach the annual maximum amount, you willreceive 30 percent coinsurance on preventive, basic, and major services for the rest of the year (excludes orthodontia.)		
Preventive services	100% no deductible	100% no deductible	
<ul> <li>Routine oral examinations (2 per year)</li> <li>Bitewing x-rays (2 films under age 10, up to 4 films ages 10 and older)</li> <li>Routine cleanings (2 per year)</li> <li>Fluoride treatment (1 per year, through age 14)</li> <li>Sealants (permanent molars, through age 14)</li> <li>Space maintainers (primary teeth, through age 14)</li> <li>Oral Cancer Screening (1 per year, ages 40 and older)</li> </ul>			
Basic services	50% after deductible	50% after deductible	
<ul> <li>Emergency care for pain relief</li> <li>Amalgam fillings (1 per tooth every 2 years, composite for anterior/front teeth)</li> <li>Oral surgery (tooth extractions including impacted teeth)</li> <li>Stainless steel crowns</li> <li>Harmful habit appliances for children (1 per lifetime, through age 14)</li> <li>Periodontics (periodontal cleanings 4 per year, scaling/root planing and surgery 1 per quadrant every 3 years)</li> <li>Endodontics (root canals 1 per tooth per lifetime and 1 re-treatment)</li> </ul>			
Major services	50% after deductible	50% after deductible	
<ul> <li>Crowns (1 per tooth every 5 years)</li> <li>Inlays/onlays (1 per tooth every 5 years)</li> <li>Bridges (1 per tooth every 5 years)</li> <li>Dentures (1 per tooth ever 5 years)</li> <li>Denture relines/rebases (1 every 3 years, following 6 months of denture use)</li> <li>Denture repair and adjustments (following 6 months of denture use)</li> <li>Implants (1 every 5 years limited to crowns, bridges, and dentures. Coverage limited to equivalent cost of a non-implant service. Implant placement itself is not covered)</li> </ul>			

#### Humana Vision 130

Vision care services	If you use an IN-NETWORK provider (Member cost)	Benefit Architects, Inc If you use an OUT-OF-NETWORK provider (Reimbursement)
Exam with dilation as necessary • Retinal imaging¹	\$10 Up to \$39	Up to \$30 Not covered
Contact lens exam options <sup>2</sup> • Standard contact lens fit and follow-up • Premium contact lens fit and follow-up	Up to \$55 10% off retail	Not covered Not covered
Frames <sup>3</sup>	\$130 allowance 20% off balance over \$130	\$65 allowance
Standard plastic lenses		
Single vision	\$15	Up to \$25
<ul> <li>Bifocal</li> </ul>	\$15	Up to \$40
<ul> <li>Trifocal</li> </ul>	\$15	Up to \$60
• Lenticular	\$15	Up to \$100
Covered lens options⁴		
<ul> <li>UV coating</li> </ul>	\$15	Not covered
Tint (solid and gradient)	\$15	Not covered
Standard scratch-resistance	\$15	Not covered
Standard polycarbonate - adults	\$40	Not covered
• Standard polycarbonate - children <19	\$40	Not covered
Standard anti-reflective coating	\$45	Not covered
Premium anti-reflective coating	Premium anti-reflective coatings as follows:	Premium anti-reflective coatings as follows:
- Tier 1	\$57	Not covered
- Tier 2	\$68	Not covered
- Tier 3	80% of charge	Not covered
<ul> <li>Standard progressive (add-on to bifocal)</li> </ul>	\$15	Up to \$40
Premium progressive	Premium progressives as follows:	Premium progressives as follows:
- Tier 1	\$110	Not covered
- Tier 2	\$120	Not covered
- Tier 3	\$135	Not covered
- Tier 4	\$90 copay, 80% of charge less \$120 allowance	Not covered
<ul> <li>Photochromatic / plastic transitions</li> </ul>	\$75	Not covered
Polarized	20% off retail	Not covered
Contact lenses <sup>5</sup> (applies to materials only)		
• Conventional	\$130 allowance, 15% off balance over \$130	\$104 allowance
<ul> <li>Disposable</li> </ul>	\$130 allowance	\$104 allowance
<ul> <li>Medically necessary</li> </ul>	\$0	\$200 allowance



#### **Humana Vision 130**

Vision care services	If you use an IN-NETWORK provider (Member cost)	If you use an OUT-OF-NETWORK provider (Reimbursement)
Frequency • Examination • Lenses or contact lenses • Frame	Once every 12 months Once every 12 months Once every 24 months	Once every 12 months Once every 12 months Once every 24 months
Diabetic Eye Care: care and testing for diabetic members		
<ul><li>Examination</li><li>Up to (2) services per year</li></ul>	\$0	Up to \$77
<ul> <li>Retinal Imaging</li> </ul>	\$0	Up to \$50
<ul><li>- Up to (2) services per year</li><li>• Extended Ophthalmoscopy</li><li>- Up to (2) services per year</li></ul>	\$0	Up to \$15
<ul> <li>Gonioscopy</li> </ul>	\$0	Up to \$15
<ul><li>- Up to (2) services per year</li><li>• Scanning Laser</li><li>- Up to (2) services per year</li></ul>	\$0	Up to \$33

#### Optional benefits

- <sup>1.</sup> Member costs may exceed \$39 with certain providers. Members may contact their participating provider to determine what costs or discounts are available.
- <sup>2</sup> Standard contact lens exam fit and follow up costs and premium contact lens exam discounts up to 10% may vary by participating provider. Members may contact their participating provider to determine what costs or discounts are available.
- <sup>3</sup> Discounts may be available on all frames except when prohibited by the manufacturer.
- <sup>4</sup> Lens option costs may vary by provider. Members may contact their participating provider to determine if listed costs are available.
- <sup>5</sup> Plan covers contact lenses or frames, but not both.

#### Additional plan discounts

- Member may receive a 20% discount on items not covered by the plan at network Providers. Members may contact their participating provider to determine what costs or discounts are available. Discount does not apply to EyeMed Provider's professional services, or contact lenses. Plan discounts cannot be combined with any other discounts or promotional offers. Services or materials provided by any other group benefit plan providing vision care may not be covered. Certain brand name Vision Materials may not be eligible for a discount if the manufacturer imposes a no-discount practice. Frame, Lens, & Lens Option discounts apply only when purchasing a complete pair of eyeglasses. If purchased separately, members receive 20% off the retail price.
- Members may also receive 15% off retail price or 5% off promotional price for LASIK or PRK from the US Laser Network, owned and operated by LCA Vision. Since LASIK or PRK vision correction is an elective procedure, performed by specialty trained providers, this discount may not always be available from a provider in your immediate location.



# 3 MORE WAYS

**MEMBERSHIP PAYS** 

SCHEDULE YOUR REVIEW TODAY



Risa Roberts rroberts@benefitarchitects.com 573-286-1125 Can also call for appointment

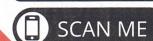
#### 401 (k) OPTIONS

WE CAN HELP YOU:

DISCOVER CHOICES FOR YOUR PREVIOUS RETIREMENT PLAN

AVOID FEES & MARKET LOSS

AVOID A DEFAULT 401 (k) ELECTION





## RETIREMENT OPTIONS

WE CAN HELP YOU:

COMPLETE RETIREMENT DOCUMENTS

KNOW YOUR NUMBERS
BEFORE RETIRING

DISCUSS ELIGIBILITY & SURVIVOR BENEFITS

#### **TSP OPTIONS**

PRIOR UNIFORM OR CIVILIAN SERVICE

TRADITIONAL IRA / ROTH IRA PLANS

**AVOID SURPRISES AND MISTAKES**